



Pre-Op Instructions

Please eat a large meal prior to the procedure to minimize the risk of nausea or vasovagal issues.

If excision site is a lower extremity or hand, please purchase Hibiclens at our office or chlorhexidine over-the-counter and wash the site daily for a week prior to surgery and for the duration that stitches are in post-surgery. For a lower leg surgery, please also purchase a 15-20 mmHg thigh-high compression stocking prior to surgery to wear while sutures are in. You will need to stay off your feet for two full weeks.

If you are on any blood thinners, please inform the staff immediately so we can contact your cardiologist. Take medications as you normally would, unless otherwise instructed by staff. Blood thinners may include, but are not limited to: Plavix, 325mg ASA, Aggrenox, Effient, Brilinta (aka ticagrelor), Coumadin (aka warfarin), Pradaxa, Xarelto, and Eliquis.

Please discontinue NSAIDS (ibuprofen, motrin, naproxen, and advil) at least 48 hours prior to procedure. Tylenol/acetaminophen and Aspirin 81 mg are okay.

Please discontinue ginseng, garlic, ginkgo, vitamin E (if more than 400 mg), fish oil, and omega 3 at least 7 days prior to procedure.

Please stop smoking 1 week prior to the procedure and stop alcohol consumption 48 hours prior to the procedure.

Please notify staff if you have any upcoming trips or vacations so your surgery can be scheduled accordingly.

If you have any other questions and/or concerns, please contact our office at (949) 364-9264.

IF YOU NEED TO CANCEL YOUR SURGERY, PLEASE GIVE US A 24 HR NOTICE OR THERE WILL BE A \$100.00 CANCELLATION FEE. A 48 HR NOTICE IS REQUIRED FOR MOHS SURGERIES, OTHERWISE THERE WILL BE A \$200.00 CANCELLATION FEE. PLEASE BE ON TIME FOR YOUR SURGERY. IF YOU ARE LATE, DR. WANG MAY NOT BE ABLE TO PERFORM THE EXCISION, AND THIS MAY RESULT IN \$100 FEE .